



# 2012 February

## Deer Path Middle School



### News

Please go to [www.mynutrikids.com](http://www.mynutrikids.com) to review your student's lunch account. Many students are carrying negative/past due balances and we'd like to get those cleared up. Did you know that your student has a lunch account even if you've never signed up at [www.mynutrikids.com](http://www.mynutrikids.com)

Questions, Comments  
Please Call Our Food Service Office  
847.604.7476  
[asimons@lfschools.net](mailto:asimons@lfschools.net)  
Anne Simons  
Food Service Director



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <u>Chicken Party</u> Choose From Some of Your Favorite Chicken Items Or *Caesar Salad  Steamed Veggies	<b>2</b> Home Made French Bread Pizza Available in * Cheese or Pepperoni Check out all the great salad choices on the bar!	<b>3</b> Slow Roasted Pork Loin Roast with Dinner Roll Or *Crispy Veggie Salad Includes Au Gratin Potatoes and Chilled Applesauce
<b>6</b> All Beef Hot Dog Or Homemade Tahini Free *Hummus & Veggie Wrap  Baked Fresh Sweet Potato Wedges	<b>7</b> <u>Pick Two</u> Sweet & Sour Chicken *Egg Roll *Fried Rice *Steamed Rice Served With A Fortune Cookie	<b>8</b> Chicken Tenders Or *Veggie Cheese Toast  Seasoned Rice	<b>9</b> Oven Roasted Honey Glazed Ham With Mashed Potatoes Or *Veggie Wrap With Ranch Dressing Steamed Fresh Veggies	<b>10</b> Chicken or Beef Tacos Or Cheesy Quesadilla With Seasoned Black Beans And Spanish Rice
<b>13</b> French Toast Sticks Or Toasted Cheesy Bagel Warm Cinnamon Applesauce And Sausage Patty	<b>14</b> <u>Build your Own Deli *Sandwich</u> Choose From Assorted Breads, Meats & Cheeses With a Cup Of Home Made Chicken Noodle Soup	<b>15</b> 2 Chicken Sliders On Mini Buns Or *Home Made Egg Salad Wrap  Confetti Fries	<b>16</b> Home Made Chili Mac Or *Crispy Veggie Wrap  Served With A Breadstick	<b>17</b> No School
<b>20</b> No School	<b>21</b> Corn Dog Or *Fish Filet Sandwich With Cheese  Confetti Fries	<b>22</b> Chicken Nuggets Or *Crispy Veggie Salad With Hard Boiled Egg  Served With A Breadstick	<b>23</b> <u>Pasta Bar</u> Choose from A Variety of Pastas, Marinara Or Alfredo Sauce, Along With Meatballs And Chicken Served With Garlic Toast	<b>24</b> <u>Pizza Party</u> Choose From an Assortment of Pizza Slices Including, *Cheese, Sausage and Pepperoni Served With Freshly Steamed Veggies
<b>27</b> <u>Breakfast Bar</u> Choose from Many of Your Breakfast Favorites Served With Sausage and Bacon Along With Hash Browns	<b>28</b> 100% Pure Beef Hamburger Or Cheeseburger Or *Black Bean Burger Oven Baked Sweet Potato Nuggets	<b>29</b> Chicken Tenders Or *Crispy Asian Salad With Oranges and Crispy Noodles  Home Made Pasta Salad		