



# January 2012



## Cherokee, Sheridan and Everett



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p><b>NO SCHOOL</b></p>	<p><b>3</b> *Penne Pasta With Marinara Sauce And Meatballs</p> <p>Served With Garlic Bread</p>	<p><b>4</b> Chicken Tenders Or *Jumbo Cheesy Roll Up</p> <p>Confetti Rice</p>	<p><b>5</b> *Grilled Cheese Sandwich Or Chicken Ranch Wrap Served With Home Made Chicken Noodle Soup</p>	<p><b>6</b> *Double Stuffed Cheese Pizza Or Corn Dog</p> <p>Fresh Steamed Veggies</p> <p><i>Frozen Treat Day!</i></p>
<p><b>9</b> <u>RED DAY</u></p> <p>Italian Pizza Dippers Or Bbq Rib Sandwich Served with RED Applesauce and RED Steamed Cauliflower</p>	<p><b>10</b> French Toast Sticks With Sausage Or *Yogurt Cup With Bagel and Cream Cheese Juice Cup For All</p>	<p><b>11</b> 2 Chicken Sliders On Mini Buns Or *Crispy Veggie Salad</p> <p>Fresh Steamed Veggie</p>	<p><b>12</b> Home Made with Pure Angus Beef Sloppy Joes Or *Caesar Salad Wrap</p> <p>Confetti Fries</p>	<p><b>13</b> *Cheese Or Pepperoni Pizza Triangles Or Crunchy Chicken Wrap Steamed Veggies</p>
<p><b>16</b></p> <p><b>NO SCHOOL</b></p>	<p><b>17</b> *Waffles With Sausage Or *Yogurt Cup With A Bowl of Cheerios Warm Cinnamon Applesauce &amp; Juice Cup for All</p>	<p><b>18</b> Chicken Nuggets Or *Veggie Cheese Toast Served With Cup of Home Made *Vegetable Soup With Crackers</p>	<p><b>19</b> <b>NEW</b> Home Made CHILI MAC Or * Veggie Pasta Casserole Served with A Breadstick And Tossed Salad on the Bar</p>	<p><b>20</b> *Cheese Or Sausage Pizza Squares Or Home Made *Egg Salad Sandwich</p>
<p><b>23</b> <u>ORANGE DAY</u></p> <p>Chicken Drumstick Or * Asian Salad Wrap Served With ORANGE Sweet Potato Tots and Mandarin ORANGES</p>	<p><b>24</b> All Beef Hot Dog Or *Veggie Wrap With Ranch Dressing</p> <p>Crispy Pretzels for All</p>	<p><b>25</b> <b>NEW</b> DINO SHAPED Chicken Nuggets!! Or *Caesar Salad</p> <p>Breadstick For All</p>	<p><b>26</b> Roasted Turkey Breast Or *Crispy Veggie Salad Mashed Potatoes &amp; Gravy Steamed Veggies</p>	<p><b>27</b> *Cheesy Garlic Flatbread Pizza With Dipping Sauce Or Chicken Patty Sandwich</p>
<p><b>30</b> <u>YELLOW DAY</u></p> <p>Home Made * Macaroni and Cheese Or Cheesy Chicken Wrap Chilled PINEAPPLE Fresh Steamed CORN</p>	<p><b>31</b> 100% Pure Beef Hamburger Or Cheeseburger Or *Asian Salad With Oranges and Crispy Noodles Oven Baked Fries</p>	<p>Please review your student's lunch account at <a href="http://www.mynutrikids.com">www.mynutrikids.com</a> Students must have a positive balance to purchase the Friday Frozen Treat.</p> <p><b>DID YOU KNOW...</b> Our pizza is whole grain, we use all wheat tortillas, breads and rolls, our pasta is whole grain and we use only Turkey Sausage! We use All Beef Hot Dogs and Hamburgers along with All White Breast Meat Chicken. Fresh Fruits &amp; Vegetables are available daily.</p>		

**News**

**JOIN US FOR SOME COLOR AND SOME FUN ON MONOCHROMATIC MONDAYS! CHOOSE THE COLORFUL LUNCHES AND WEAR THE COLOR OF THE DAY!**

**FROZEN TREAT FRIDAY Jan. 6<sup>th</sup>**

*Bringing Lunch From Home? Add the Fruit & Veggie Bar for \$1.75, Bottled Water \$.75 or Milk \$.50 (Organic \$1.65)*

Questions, Comments or Concerns? Contact our Food Service Director  
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