



District 67 Faculty Menu

Lunch Menu for March 2010

Beverages Available:

Milk, Water, Propel, 100% Pure Juices, Organic Milk, Izzie Sparkling Water

Menu subject to change.
Notice given when possible.




* Denotes Vegetarian Item

Did you know that you too could put money on your account? Simply go to www.mynutrikids.com and register using your ID number.



Questions/Suggestions call:

Anne Simons
Food Service Director
847-604-7476
or
asimons@
lfschools.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NEW Two Chicken or Beef Home Made Flautas With Toppings Fiesta Rice	2 Meatball Sub Sandwich On A French Roll \$3.25 With Chips, Fries, Salad or Fruit \$4.25 Choose 2 Sides for only \$5.00	3 Southwest Chicken Slammer Grilled Chicken with tomato & Onion. Covered with melted Swiss Cheese and finished wotu our own Chipotle dressing. Served open faced on Garlic Toast. \$3.75 Add Potato, Veg or Salad \$5	4 1/2 Day of School NO LUNCH SERVICE	5 NO SCHOOL
8 Taco Salad Bowl With All The Trimmings And Spanish Rice \$5.00	9 Chicken Broccoli Alfredo With Garlic Bread \$4.50 Add Salad or Hot Veggie \$1.00 More * Soup - Minestrone	10 Create Your Own Salad Choose from a variety of greens, toppings and meats. Add a dinner roll and your favorite dressing \$5.50 with meat \$5.00 no meat	11 PICK TWO Sweet & Sour Chicken * Fried Rice * Steamed Rice \$4.50 * Soup: Egg Drop	12 Personal Pan Pizza Choose * Cheese, * Veggie or Pepperoni \$3.75 With Small Salad, Soup or Chips \$4.85
15 4 Chicken Tenders with Sauces And Your Choice of 2 Sides \$5.00 2 Tenders with 2 Sides \$3.75 4 Tenders Only \$3.50 2 Tenders Only \$2.75	16 * Jumbo Baked Potato Bar With A Variety Of Toppings Along with A Side Salad Or Fruit \$5.50 Soup: Broccoli Cheddar	17 Ham & Au Gratin Potatoes With Hot Vegetable And A Dinner Roll \$5.00 	18 MADE TO ORDER * Grilled Panini Sandwiches Choose your meats, cheese and veggies \$3.75 With Chips or Small Soup \$4.85 Soup: Broccoli Cheddar	19 * Garlic Vegetable Pasta Served With A Freshly Baked Dinner Roll \$4.50 Soup: Chicken Vegetable
22 Chicken Bowl With Mashed Potatoes and Corn Smothered in Gravy Served with a Dinner Roll \$5.00	23 * BURGER BAR * Black Bean, Turkey and Beef burgers, assorted toppings and a variety of cheeses \$3.10 Make it a Double \$4.25	24 SOUP SPECTACULAR!! A Variety of 6 different soups With Assorted Toppings Available In A Sour Dough Bread Bowl * Vegetarian Options Available In A Bread Bowl \$4.00 Small with Toppings \$ 1.50 Large with Toppings \$ 2.25	25 COOK'S CHOICE MENU	26 COOK'S CHOICE MENU
29	30	31	1	2
SPRING BREAK Enjoy your time off! We will see you Monday April 5th				