



September 2010

Deer Path Middle School

Check out the video
ALL ABOUT THE CAFETERIA
 Starring two Deer Path Students!
 Let them show you around the
 cafeteria before you arrive!



News

Encourage your student to memorize their ID number. They can enter their number until they receive their ID cards. Have last year's ID? Help the lines move faster by swiping your ID card at lunch!

ALL STUDENTS HAVE A LUNCH ACCOUNT and need to have a positive cash balance to make purchases. Please go to www.mynutrikids.com to set up the parent on-line payment account. Verify that all negative balances from last school year have been paid to ensure your child can purchase their selections at lunch.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



		1 Chicken Tenders Or * Asian Salad with Crispy Noodles & Oranges Breadstick For All	2 Hamburger Or Cheeseburger Or * Broccoli Cheese Rice Casserole	3 * Cheese Pizza Bagel Or Chicken Patty Sandwich
6 NO SCHOOL LABOR DAY	7 * Assorted Sub Sandwiches With Toppings And A Cup Of * Vegetable Soup	8 Chicken Nuggets Or * Roasted Vegetable Wrap Mashed Potatoes & Gravy	9 Baked Ham Or * Vegetarian Stuffed Pepper Au Gratin Potatoes	10 * Italian Cheese Dipper With A Side of * Veggie Pasta Salad
13 Bbq Rib Sandwich Or Corn Dog Or Grilled Cheese Mashed Potato Nuggets	14 * French Toast Sticks With Sausage Cinnamon Apples	15 Chicken Tenders Or * Crispy Veggie Wrap Hot Vegetable	16 Giant Chicken Taco With Trimmings on the bar Or * Cheese & Veggie Quesadilla Spanish Rice	17 Chicken Parmesan Sandwich Or * Double Stuff Cheese Pizza
20 Bbq Pulled Pork Sandwich Or * Caesar Salad Wrap Cole Slaw	21 Baked Pasta Layered with Seasoned Beef and Mozzarella Cheese Served with Garlic Toast Available without meat	22 Chicken Nuggets Or * Crispy Veggie Salad with Cheese Dinner Roll for All	23 Italian Beef Sandwich On a French Roll With French Fries	24 * Cheese, Sausage and Pepperoni Pizza Assortment
27 PICK TWO Sweet & Sour Chicken * Fried Rice * Steamed Rice * Egg Roll And a Fortune Cookie	28 Sloppy Joe With Tater Tots Or * Strawberry Spinach Salad with Mozzarella Cheese & Roll	29 Chicken Tenders Or * Crispy Veggie Wrap with Mozzarella Cheese Potato Patty	30 Oven Roasted Turkey Or * Black Bean Wrap Mashed Potatoes & Gravy and Hot Veggie	Please contact our Food Service Director Anne Simons 847-604-7476 Or asimons@lfschools.net