



September 2010



Sheridan, Cherokee and Everett Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



* Denotes
Vegetarian Entree

1 SEPTEMBER
Chicken Nuggets
Or
* Crunchy Veggie
With Cheese Wrap

2 Ham Sub Sandwich
With Toppings
on the Bar
Or
* Cheese Sub
Sandwich

3 * Cheesy Garlic
Flatbread Pizza
Or
Bbq Rib Sandwich

6 NO SCHOOL
LABOR DAY

7 * French Toast Sticks
Or
* Yogurt with Bagel
and Cream Cheese

Sausage Patty For All

8 Chicken Tenders
Or
* Strawberry Spinach
Salad with Mozzarella
Cheese
Dinner Roll for All

9 Bbq Ribette
Sandwich
Or
* Roasted Veggie and
Cheese Wrap

10 * Double Stuff
Cheese Pizza
Or
Chicken Ranch Wrap

13 Corn Dog
Or
* Garden Veggie Salad
With Cheese

Wheat Bread For All

14 * Pancakes
Or
* Bagel with Cream
Cheese

Sausage Patty For All

15 Chicken Nuggets
Or
* Asian Salad with
Oranges and Crispy
Noodles
Breadstick for All

16 5 Mini Tacos
Or
* Grilled Cheese
Sandwich

Potato Smiles ☺

17 * Cheese Pizza
Rectangle
Or
Pepperoni Pizza
Or
Hot Dog

20 Chicken Patty
Sandwich
Or
* Egg Salad On Bed of
Lettuce with Tomatoes,
Cucumbers and
Dinner Roll

21 * Penne Pasta with
Marinara Sauce

Meatballs
Garlic Toast

22 Chicken Tenders
Or
* Chop Salad with
Hard Boiled Egg

Slice of Wheat Bread

23 Foot Long Hot Dog
Or
* Vegetable Cheese
Toast

Hash Brown Potato Patty

24 * Cheesy Garlic
Flatbread Pizza
Or
Chef Salad Topped
with Crispy Chicken
Served with a Roll

27 * 2 Bosco Sticks
With Dipping Sauce
Or
Chicken Caesar Salad
Served with A
Breadstick

28 * Waffles
Or
* Egg, Cheese &
Muffin Sandwich

Sausage Patty For All

29 Chicken Nuggets
With Breadstick
Or
* Toasted Cheesy
Bagel Sandwich

30 Hamburger
Or
Cheeseburger
Or
* Crispy Veggie Wrap
French Fries For All

News LUNCH PRICES

171 Lunch Days for
2010 – 2011 School Year

Lunch with Regular Milk for
171 Days \$555.75

Lunch with Organic Milk for
171 Days \$726.75

Lunch Per day \$3.25 or
\$4.25 with organic milk

Frozen Yogurt or Icee offered
once per month
September through May
\$1 per month or \$9

Milk Only

Regular \$.45 per day
Organic \$1.60 per day
171 @ \$.45 = \$76.95
171 @ \$1.60 = \$273.60

Please Contact
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